



SMALL PLATES

The perfect start. We'd recommend ordering a few for the table.

BREAD & BUTTER 4.5

Grilled San Francisco sourdough and olive bread with a lobster and a beef butter. 622kcal

OYSTERS 3 EACH

Freshly shucked rock oysters, served classically with Tabasco, fresh lemon and a shallot vinaigrette. 40kcal

LOBSTER CROQUETTES 10

Four lobster and prawn croquettes with Grana Padano. 665kcal

THAI-STYLE MUSSELS 8

British mussels in a green Thai-style sauce, chilli, coriander, Thai basil and served with grilled sourdough. 422kcal

CRAB COCKTAIL 12

Hand-picked Devon crab dressed in crème fraîche and mayo with tomatoes, avocado, lime served with a seeded crispbread. 461kcal

CALAMARI 8.5

Lightly battered squid bites with chilli and fresh lime. Served with a spiced mayo. 490kcal

THE COMBOS

For those days when you just can't decide between a burger or wild-caught lobster. All combos with lobsters use a 1lb lobster.

ROLL COMBO 40

Original lobster roll and original 5oz burger with fries, salad and a lemon & garlic butter sauce. 1937kcal

B&L COMBO 30 | 45

Half or whole lobster and original 5oz burger with fries, salad and a choice of sauce. 1561kcal | 1615kcal

COMBO FOR TWO 75

Whole lobster, original burger and original lobster roll with fries, salad and a choice of sauce. 2678kcal

THE ORIGINALS

The classics. The day-oners. Our namesakes. You love them, we love them.

LOBSTER ROLL 28.5

Chilled lobster dressed in lemon mayo and topped with fresh chives. Served in a toasted brioche roll with fries and a lemon & garlic butter sauce. 1259kcal

CLASSIC WHOLE LOBSTER 37

WILD CANADIAN OR BRITISH LOBSTER
Whole lobster, served steamed or grilled with fries, salad and a sauce of your choice. 1024kcal

CLASSIC 8OZ BURGER 16

8oz Nebraskan beef patty, lettuce, tomato, pickled cucumber, red onions & B&L's burger sauce. Served with fries. 1611kcal

Add cheese 1.5 143kcal Add bacon 2 72kcal

LARGE PLATES

Seasonal specials, long-standing favourites and meat-free mains.

BEAST BURGER 22 | 28

5oz or 8oz Nebraskan beef patty, lobster meat, melted brie, fennel slaw, truffle & tarragon mayo. Served with fries.

1472kcal | 1797kcal
Add bacon 2 72kcal

WAGYU BURGER 25

100% British Highland Wagyu beef, lettuce, horseradish mayo, beef and black garlic mayo and crispy shallots. Served with truffle fries. 1979kcal

Add bacon 2 72kcal

KATSU BURGER PB. 16

Crispy plant-based panko crumbed patty, lettuce, chipotle mayo, Dijon mustard, avocado, crispy onions and beef tomato. Served with fries. 1625kcal

Add cheese 1.5 143kcal Add vg cheese 1.5 72kcal

LOBSTER QUINOA SALAD 27.5

Half a steamed lobster accompanied by a kale, quinoa, walnut, cranberry and feta salad. Finished with a balsamic dressing. 864kcal

THE JUMBOS

For you to crack and pick your way through together.

SHARING LOBSTERS MARKET PRICE

For larger sharing lobsters, ask the team to show you what we have available today. Served steamed or grilled with fries, salad and a choice of sauce per person.*

*240kcal per 1kg whole lobster | Fries 623kcal | Salad 95kcal | Lemon & Garlic Butter Sauce 205kcal

SIDES & SAUCES

TRUFFLE FRIES 6

Truffle-infused fries with Grana Padano. 708kcal

B&L FRIES 4

623kcal

ENGLISH ASPARAGUS 6.5

Grilled and topped with Grana Padano.

SAUCES 3

Lemon & garlic butter, Holy Fu*k butter, or a chimichurri sauce. 250kcal

QUINOA SALAD 5

Kale, quinoa, walnut, cranberry, feta and a balsamic dressing. 418kcal

HERITAGE TOMATO SALAD 6

Mixed tomatoes drizzled with basil pesto, balsamic, basil cress and pine nuts. 223kcal

LUNCH MENU

Available Monday - Friday, 12pm to 4pm.

CRAB COCKTAIL ROLL 18

Chilled Devon crab dressed in crème fraîche and mayo with tomato, avocado, mixed cress, iceberg lettuce and lime. Served in a toasted brioche roll with fries. 1400kcal

LOBSTER SALAD 20

Steamed lobster, kale, quinoa, walnut, cranberry and feta salad with balsamic dressing. 864kcal

5OZ BURGER 12

5oz Nebraskan beef patty, lettuce, tomato, pickles, red onions and B&L's burger sauce. Served with fries. 1207kcal

Add cheese 1.5 143kcal Add bacon 2 72kcal

Please inform a member of our team if you have any food or beverage allergies! Food safety advice: The government advises that the consumption of undercooked meats, seafood and shellfish may increase your risk of foodborne illness, particularly for those in vulnerable groups such as children, pregnant woman, the immunocompromised and the elderly. If you have any questions please ask. A discretionary 12.5% service charge will be added to your bill. V = Vegetarian | PB = Plant Based

Adults need around 2000 kcal a day.

Burger & lobster

WEST INDIA QUAY

CHAMPAGNE & SPARKLING

	125 ml	Bottle
Taittinger Brut Reserve Champagne, France Elegant bubbles with notes of honey & citrus fruit	12.5	68
Taittinger Prestige Rosé Champagne, France Fresh wild strawberries & raspberries. Beautifully vibrant	-	75
Taittinger Prelude Grand Crus Champagne, France Indulgent but not overpowering with bright peach	-	95
Taittinger Comtes De Champagne Blanc De Blancs Please ask for current vintage stocked Champagne, France This purest of champagne. Buttery with complexity	-	200
Bel Star Prosecco Veneto, Italy. Refreshingly crisp with juicy fruits & soft floral notes	8	36

RED WINE

	175 ml	Bottle
Malbec, Esquinas de Argentó Mendoza, Argentina Decadent & intense. Spicy & chocolatey	10.5	42
Shiraz, Journey's End Stellenbosch, South Africa Pure Shiraz – a mouthful of forest fruits & dried aromatic herbs	9	36
Valpolicella, Ripasso Superiore Classico, La Dama Veneto, Italy 'Classico Italiano' – an intense, explosion of red fruit. Organic wine	11.5	47

RICH & SMOOTH

Tempranillo Garnacha, Ducay Gran Reserva Cariñena, Spain Smooth drinking. Black fruits with a savoury spiciness	7	26
Primitivo, Masseria Borgo Dei Trulli Puglia, Italy Red velvety fruitiness, teaming with black cherries & prunes	8.5	33
Haut-Médoc, Chateau Peyrabon Bordeaux, France, 2006 Take a trip back in time with a classic Old World. Deeply smoky, cedar with ripe plum. Organic wine	14	56

FRESH & FRUITY

Pinot Noir, Little Eden South Eastern Australia, 2019 A light red with bright strawberries and cherries	8	31
Fico Grande Rosso Emilia-Romagna, Italy Delicate red fruit frames this fresh Italian Lightly spiced	7	26

WHITE WINE

175 ml Bottle

AROMATIC & FRUITY

Sauvignon Blanc, Spy Valley Marlborough, New Zealand Quintessential tropical Sauvignon Blanc	11	43
Chenin Blanc, Swartland Western Cape, South Africa Take a trip to the Cape with a sip. Crisp with hints of stone fruits	7.5	28
Riesling, Jean Biecher Alsace, France Dry, aromatic Riesling with ripe apricots and peach	8.5	32

FULLER BODIED

Pouilly Fuisse, Domaine Trouillet Burgundy, France Burgundy in a glass. Creamy body cut with zest	14.5	58
Chardonnay, Valdivieso Central Valley, Chile Pure Chardonnay – ripe pears & toasty nuts frame every sip.	8	29

LIGHT & FRESH

Gavi Di Gavi, Morgassi Superiore, Tuffo Piemonte, Italy Easy drinking. Floral bouquet with a citrus twist	12	48
Albarino, Domingo Martin Rias Baixas, Spain Lifted with delicious freshness & peachiness complimented by a crisp minerality	9.5	38
Pez De Rio Blanco Cariñena, Spain Crunchy apple jumps out the glass. Smooth drinking	7	26

ROSE WINE

175 ml Standard Bottle Magnum

Provence Rosé, Mirabeau Provence, France Light-bodied Provencal rosé - elegant with sweet raspberry	11	45	85
Cote Rosé, Domaine Lafage Languedoc-Roussillon, France Gastronomic rosé. Juicy and mouth-watering	8.5	33	-

SWEET




100 ml 50 cl Bottle

Royal Tokaji, Late Harvest Tokaj Hungary Deliciously sweet digestif of dried apricot and honey notes	7.5	35
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Burger & Lobster

WEST INDIA QUAY

B&L SIGNATURE COCKTAILS

	Lobstar Martini Sapling Vodka, Passoa, pineapple juice, lime juice, grenadine, vanilla, passionfruit, prosecco	12
	Pistol Punch Havana 3yo, Wray & Nephew, Velvet Falernum, Passoa, mango, passion fruit, bergamot, orange, sugar, grenadine	12
	Strawberry Fields Havana 3yo, strawberry purée, lime juice, sugar, strawberry	11
	Basilico Tanqueray, avocado liqueur, pineapple juice, vegan egg white, basil leaves	11
	Quayside Punch Havana 3yo, Wray & Nephew, kiwi purée, apple juice, green tea, sugar, lemon juice, fresh kiwi	12
	Smoke and Fire Mezcal, Grand Marnier, lime juice, agave, pink grapefruit juice	13
	Sorrentine Club Beefeater, Limoncello, lemon juice, sugar, vegan egg white, raspberries	11
	Life's A Peach Buffalo Trace, peach liqueur, white peach, sugar, lemon juice, basil	11
	Melon On The Rocks Beefeater, Falernum, lime juice, watermelon, cantaloupe, pineapple juice	11
	Apple Garden Sapling Vodka, sauvignon blanc, apple juice, apple, lemon juice, lychee syrup, soda	11
	Rosemary Old Fashioned Woodford Rye, Cherry Heering, sugar, hazelnut bitters, rhubarb bitters	13.5
	Mojito Choose from strawberry, passion fruit or original: Havana 3yo, fruit purée, lime, mint, sugar, soda	10.5
	Bloody Mary Sapling Vodka, Worcestershire sauce, lemon, tabasco, tomato, celery and B&L's spice mix	10.5

B&L MOCKTAILS

	Tropic Thunder 110kcal Apple, pineapple, mango, bergamot, sugar, grenadine, passionfruit	6.5
	Mock Mojito 122kcal Choose from strawberry, passion fruit or original: Fruit purée, lime, mint, sugar, apple juice	6.5
	Homemade Lemonade 69kcal 90kcal Choose from original, strawberry or passion fruit: Lemon, sugar, soda	5 6
	Virgin Mary 44kcal Worcestershire sauce, lemon, tabasco, tomato, celery and B&L's spice mix	6.5
	Watermelon Ice Tea 84kcal Watermelon syrup, lemon juice, earl grey cold brew tea	6.5

WEST INDIA QUAY SPECIAL

Cherry Blossom Appleton Estate, Cherry Heering, Xante, lemon juice, sugar syrup, maraschino cherry	12
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SPRITZ

Pink Gin Spritz Big Smoke Rhubarb and Pink Lemonade Gin, Fevertree Tonic, strawberries, grapefruit.	11.5
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BEER


1936 Lager 4.7% 330ml	5.6
Bear Island Pale Ale 4.8% Pint	6.3
Red Claw Lager 4% Pint	6.3
Beavertown Neck Oil Session IPA 4.3% Pint	7.2

CIDER

Gypsy Fox, Wignac Rosé Cider 4.5% 330ml Rose cider with pure grape juice	6.5
The Dandy Hare, Wignac Natural Cider 4.5% 330ml 100% pure apple juice cider	5.8
Lady Squirrel, Wignac Alcohol-Free Cider 330ml Wignac alcohol-free	5.5
Kopparberg 500ml Strawberry & Lime	6.5

SPIRITS 50 ml | All mixers are on us

VODKA

Grey Goose	10.5
Konik's Tail	10
Tito's	10.5
 Sapling Vodka	10

RUM

Havana 3	9.5
Havana 7	10.5
Kraken Spiced	10.5
Rum Diplomatico	12
Nativo 15 Years Old	12

GIN

Beefeater	9.5
Tanqueray	10.5
Hendrick's	10.5
Monkey47	12.5
Aviation	12.5
Big Smoke	11.5
Big Smoke Pink Gin	10.5
Gin Mare	11

COGNAC

Martell VS	9.5
Remy Martin VSOP	10.5
Martell XO	21

WHISKY

Chivas 12	9.5
Nikka From the Barrel	11
Johnnie Walker Black	10
Jameson	10
Woodford	10
Maker's Mark	10
Jack Daniel's Single Barrel	12.5

TEQUILA

Olmecca Plata	9.5
Olmecca Reposado	10.5
Padre Azul Blanco	14
Padre Azul Reposado	14.5
Padre Azul Anejo	15.5



We'll plant one tree for every bottle sold with Sapling Vodka